# *SP-5003*
# *SHOULDER PRESS*




Push with Spirit

Easy to Use. Built to Last

SPIRIT

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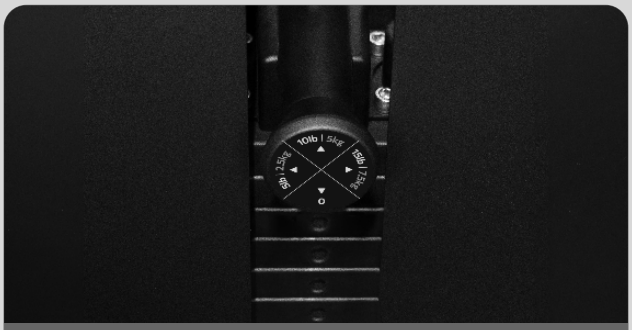
PERSONAL STORAGE



GRIP OPTIONS



4-BAR SEAT ADJUSTMENT



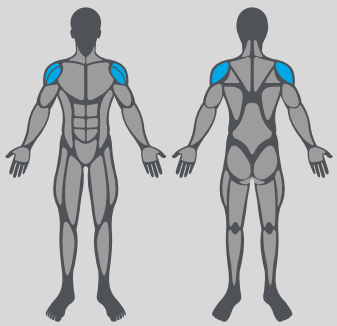
INCREMENT WEIGHT

## FEATURE

| | |
|---|---|
| **4-Bar Seat Adjustment** | Seat position adjusts for users' preferred starting depth. |
| **Counterbalanced Press** | Pressing arm is counterbalanced to reduce the starting resistance. |
| **Grip Options** | Bar and neutral grips accommodate user preference and shoulder limitations. |
| **Functional Press** | Neutral grip press is functional in life and mimics putting items up overhead. |
| **Increment Weight** | Four-stage increment weight system is integrated into the top weight plate. |
| **Personal Storage** | Top of the weight stack tower holds personal belongings. |

## CARTON DIMENSION

| | |
|---|---|
| **Carton A** | 1600 x 860 x 340mm / 630" x 339" x 134" |
| **Carton B** | 1500 x 1170 x 660mm / 591" x 461" x 260" |
| **Carton C** | 1000 x 100 x 380mm / 394" x 39" x 150" |
| **Carton D** | 530 x 500 x 290mm / 209" x 197" x 114" |



## DIMENSIONS

| | | | |
|---|---|---|---|
| **Weight Stack** | 109kg / 240lb (20lb x 12pcs) The incremental weight : 0, 5lb, 10lb, 15lb | | |
| **Product Weight** | 393kg / 866lb | **Dimensions** | 1678 x 1501 x 1504mm / 66" x 59" x 59" |