



Biceps Curl / Triceps Extension

IS-2002

- Angled arm pad helps limit shoulder movement for focus on Biceps and Triceps
- Easily adjust machine Cam to switch between these opposing muscle exercises
- Machines axis of rotation and pivoting arm are optimized for proper feel
- Small back pad helps increase stability for Triceps exercise
- i-Strength mechanical resistance system allows for a super smooth training
- Electromechanical servo control mechanism offers Standard traditional, Eccentric, Isokinetic and Elastic training

PRODUCT WEIGHT	129kg / 284.8lb
PRODUCT DIMENSION	1068 x 1469 x 1068mm / 42" x 57.8" x 42"
MIN. RESISTANCE	7kg / 15lb
MAX. RESISTANCE	86kg / 190lb

