



Abdominal / Back Extension

IS-2004

- Entry and positioning for both Abdominal and lower back exercises is easy for users of all levels
- Easily adjust machine Cam to switch between exercises
- Adjustable roller pad helps with ideal positioning between these exercises
- Dual foot bars for lower body stabilization during exercise
- i-Strength mechanical resistance system allows for a super smooth training
- Electromechanical servo control mechanism offers Standard traditional, Eccentric, Isokinetic and Elastic training

PRODUCT WEIGHT	105kg / 231.5lb
PRODUCT DIMENSION	1160 x 1160 x 1170mm / 45.7" x 45.7" x 46.1"
MIN. RESISTANCE	9kg / 20lb
MAX. RESISTANCE	51kg / 112lb

