



Hip Abduction

SP-4516

FEATURES

- Unique Hip Abduction machine: user performs exercise standing
- Upright alignment is more effective for hip muscle activation
- Plate loading horn is adjustable in 3-positions
- Adjusting horn position changes the resistance felt by user
- Extra long hand grips for users of all heights

PRODUCT DIMENSION	1522 x 970 x 1442mm / 60" x 38" x 57"
MAX TRAINING CAPACITY	150kg / 330lb
PRODUCT WEIGHT	110.6kg / 324.8lb
CARTON DIMENSION	
CARTON A	1500 x 990 x 1100mm / 59" x 39" x 43"
CARTON B	340 x 110 x 210mm / 13" x 4" x 8"

