

Pendulum Squat

SP-4521



FEATURES

- A pendulum squat is a unique variation of the classic squat
- Adjustable starting depth with 5 positions of adjustment
- Footplate position is adjustable for preferred ankle alignment
- Two horns for resistance and another as a counterbalance, when help is needed in the depths of a squat
- Includes band pegs and weight plate storage

PRODUCT DIMENSION	2131 x 962 x 1627mm / 84" x 38" x 64"
MAX TRAINING CAPACITY	350kg / 771lb
PRODUCT WEIGHT	161.5 kg / 356lb
CARTON DIMENSION	
CARTON A	1480 x 900 x 565mm / 58" x 35" x 22"
CARTON B	1520 x 820 x 365mm / 60" x 32" x 14"
CARTON C	850 x 350 x 140mm / 33" x 14" x 6"

